

## EXERCISE PHYSIOLOGY ACADEMIC MAP

### (Effective Summer 2021 and after)

This map is a term-by-term sample course schedule. The milestones listed to the right of each term are designed to keep you on course to graduate in four years. The Sample Schedule serves as a general guideline to help you build a full schedule each term. The Liberal Studies and Elective courses must be selected to satisfy all state and university-wide requirements unless your program meets these requirements with major courses. Please visit <http://liberalstudies.fsu.edu> to learn more about these requirements. Milestones are courses and special requirements necessary for timely progress to complete a major. Missing milestones will result in one of two types of map registration stops. The first level (**Degree Map Off Track**) is placed following grade posting if the student has missed a milestone (course and /or GPA) for the first time in the major. If a student in non-compliance with milestones for two (2) consecutive semesters (excluding summers) a **Major Change Required** stop is placed in the student's registration.

Graduates will be able to evaluate, plan for and counsel individuals in the areas of fitness, athletics, and cardiac rehabilitation. Students are being prepared for advanced degree work in exercise physiology, physical therapy, and other health fields, including medical school, as well as positions as personal trainers and health fitness instructors with both hospital-based wellness programs and corporate fitness programs.

**A final grade of 'C-' or better is required in MAC 1105, MAC 1114, MAC 1140, BSC 2010, BSC 2010L, BSC 2011, CHM 1045, CHM 1045L, CHM 1046, CHM 1046L, either CHM 2210 or CHM 2200, PSY 2012, STA 2023/2122, a grade of 'B-' or better in HUN 1201 and a grade of 'S' in PET3102. Students are allowed only a single repeat of ONE of these courses. A grade of "C-" or better is required for all other coursework for the degree, unless otherwise noted.**

#### SAMPLE SCHEDULE

TERM 1	Hrs.
ENC1101	3
MAC1105 (LS Core Math)	3
PSY2012	3
HUN1201	3
LS Core Humanities/Cultural Practice	3
<b>Total Hours</b>	<b>15</b>

TERM 2	Hrs.
ENC 2135	3
CHM1045 & CHM1045L (LS Core Nat Sci)	4
BSC2010 & BSC2010L	4
MAC1140 (2 <sup>nd</sup> Math)	3
PET3102	1
<b>Total Hours</b>	<b>15</b>

TERM 3	Hrs.
CHM1046 & CHM1046L	4
BSC2011	3
MAC1114	3
FAD2230 (LS Soc Sci)	3
LS Ethics	3
<b>Total Hours</b>	<b>16</b>

TERM 4	Hrs.
CHM2210 or CHM3217 and CHM 3217 Lab	3-4
BSC2011 Lab	1
STA2122	3
LS History	3
Oral Communication Competency	3
<b>Total Hours</b>	<b>13-14</b>

#### MILESTONES

TERM 1
ENC1101 (≥C-)
MAC1105 (≥C-)
PSY 2012 (≥C-)

TERM 2
ENC 2135 (≥C-)
CHM1045+Lab (≥C- in each)
MAC1140 (≥C-)
HUN1201 (≥B-)

TERM 3
CHM1046+Lab(≥C- in each)
BSC2010+Lab (≥C- in each)
MAC1114 (≥C-)

TERM 4
<b>Either</b> CHM2210 (≥C-) or CHM3217 and lab (≥C-) Note: if CHM2210 is taken then must complete CHM2211 and 2211L., if CHM3217 is taken must complete CHM3217L
Complete PET 3102 w/"S"
STA2122 (≥C-)
BSC2011(≥C-)

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### SAMPLE SCHEDULE

Summer	Hrs.
Elective	3
Elective	3
Elective(or other liberal studies course, if needed)	3
<b>Total Hours</b>	<b>9</b>

TERM 5	Hrs.
PET3322 + lab	4
BCH3023C (intro to biochemistry) or BCH4624 (human biochemistry)	3
PHY2053C	4
Required Elective*	3
<b>Total Hours</b>	<b>15</b>

TERM 6	Hrs.
PET3323C	4
APK3110C	4
Required Elective*	3
PHY2054C	4
<b>Total Hours</b>	<b>15</b>

TERM 7	Hrs.
HUN3224	3
PET4551C	3
Required Elective*	3
Elective (3000-4000)	3
<b>Total Hours</b>	<b>12</b>

TERM 8	Hrs.
HUN3226	3
2 <sup>nd</sup> College Core Course	3
Required Elective*	3
Elective	3-4
<b>Total Hours</b>	<b>12-13</b>

### MILESTONES

TERM 5
Complete PET3322 (≥C-)
Complete PET3322 Lab (≥C-)
Civic Literacy requirement

TERM 6
Complete APK3110C (≥C-)

TERM 7
Complete a Pre-Graduation Check
Complete HUN3224 (≥C-)

TERM 8
Apply for graduation in 1 <sup>st</sup> two weeks
FSU GPA ≥2.0

**\*Required Electives (select 3 of the following): HSC4711, PET3361, ATR3102, PET3932r, APK3113, PET4076, APK4400, APK3164, PET3932**

#### Employment Information

Representative Job Titles Related to this Major: Exercise Leader, Fitness Instructor/Consultant, Corporate Fitness Manager, Exercise Testing Technician, Fitness Club Manager, Activities Director, Health & Fitness Advisor, Exercise Physiologist

Representative Employers: Athletic Teams, Hospitals, Fitness Centers, Private Practice, Health Organizations, Spas/Resorts, Health Departments.

International Opportunities: International study is available for all students and may include opportunities for internships or taking coursework towards various majors and minors. International study may have an impact on the MAP; therefore, it is important to consult with the academic advisor before participating. Interested students can find information about international study, research, internships, and service opportunities at: [global.fsu.edu/undergraduate-students/going-abroad](http://global.fsu.edu/undergraduate-students/going-abroad).

This Map is not a contract; either expressed or implied, between the University and the student, but represents a flexible program of the current curriculum which may be altered from time to time to carry out the academic objectives of the University. The University specifically reserves the right to change, delete or add to any Map at any time within the student's period of study at the University.