

DYLANN LOWERY

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Education

August 2026 Anticipated Doctor of Philosophy | Marriage and Family Therapy
Florida State University | Tallahassee, FL

August 2022 Master of Science | Human Development and Family Science
Specialization in Marriage and Family Therapy
Auburn University | Auburn, AL

***May 2020 Bachelor of Science** | Human Development and Family Science
Emphasis in Child and Family Services
Oklahoma State University | Stillwater, OK

***May 2020 Bachelor of Science** | Business Administration Specializing in Management
Minor in Non-Profit Management
Oklahoma State University | Stillwater, OK

**Research designation on transcript*

Research Experience

September 2022 – Present

Apprentice Reviewer

JMFT Doctoral Apprentice Reviewer Program
Florida State University | Tallahassee, FL
Participate in the peer-review process by conducting reviews of Journal of Marital and Family Therapy submitted works under the mentorship of Dr. Lenore McWey, an MFT faculty member.

August 2022 – Present

Graduate Research Assistant

Center for Couple and Family Therapy Data Collection
Florida State University | Tallahassee, FL
Manage undergraduate intern team with data collection materials. Facilitated team and individual meetings, conducted interviews, and cleaned data for publication use.

August 2015 – May 2020

Undergraduate Research Assistant

Co-Parenting for Resilience Lab | Research Designation
Oklahoma State University | Stillwater, OK
Qualitative and quantitative data collected, entered into SPSS, and coded. Worked on editing and formatting workbook used for Co-Parenting classes.

May 2018 – May 2020

McNair Undergraduate Research Scholar

Summer Research Internship Practicum
Oklahoma State University | Stillwater, OK
Worked with faculty, Dr. Matt Brosi and Dr. Todd Spencer, created a research project to present at conferences. Project consisted of completing a literature review and running data analyses. Attended monthly one-on-one meetings with McNair program director, attended monthly seminars geared toward research, and completed Summer Research Bootcamp.

January 2019 – May 2019

National Core Indicators

Oklahoma State University | Stillwater, OK
Primary focus on individuals with developmental and intellectual disabilities by traveling across Oklahoma conducting interviews about services received from the state. Worked on scheduling interviews and inputting quantitative data collected from survey into SPSS.

Research Presentations

Master's Thesis:

Lowery D., (August 2022). *A dyadic mediation model examining associations between ineffective arguing, emotional distress, and violence perpetration within individuals in couples before therapy.* Auburn University, Auburn, AL. Major Professor: J. Novak. Committee members: S. Ketring and M. Lucier-Greer.

Oral Presentations:

Lowery, D., Spencer, T., Brosi, M., & Cox, R. *Group differences among couples that save their marriage and those that divorce.* National Conference for Undergraduate Research (NCUR), March 2020. Bozeman, MT.

Non-refereed Publications:

Lowery, D., & Henderson, J. (2022). *Infertility through a lens of connection rather than division.* Blog post on <https://relationshipsandhealth.medium.com/>

Research Interests

My research interests include the impact of trauma on individuals across the lifespan and family relationships particularly within families with lower access to resources (e.g., financially, emotionally, physically, etc.) and with higher risk factors that lead to exposure/experience of complex trauma, couples experiencing intimate partner violence, and the early childhood development stage. I aim to understand the complexities of generational trauma transmission within families and couples to promote systemic. Additionally, I am interested in the exploration of systemic play therapy interventions to promote reconnection within families that have been

both victims and perpetrators of complex trauma within the system and utilizing intervention treatment by using biopsychosocial and social-ecological lenses.

Statistical Training

Florida State University

Applied Research in Human Sciences

Fall 2022

Research Best Practices in Human Sciences

Fall 2022

Longitudinal Data Analysis

Fall 2022

Auburn University

Research Methods for HDFS

Fall 2020

Oklahoma State University

Elementary Business Statistics and Economics

Spring 2017

Research Methods in HDFS

Spring 2019

Professional Experience

August 2022 – Present

Marriage and Family Therapy Clinician

Center for Couple and Family Therapy | Tallahassee, FL

Conducted therapy with various methods with diverse populations including couples, families, and individuals.

August 2021 – August 2022

Marriage and Family Therapy Intern

Family and Children Services | Opelika, AL

Conducted therapy with various methods (Child-Parent Psychotherapy and receiving training with Child Mental Health Development) with diverse populations with children ages 5 – 18 years old.

August 2021 – August 2022

Group Therapist Intern

I Am My Brother's Keeper | Tuskegee, AL

Trained to do group therapy and developed group therapy curriculum for adolescents in a rural community.

January 2021 – August 2022

Marriage and Family Therapy Intern

Auburn Marriage and Family Therapy Center | Auburn, AL

Conducted therapy with various methods (Narrative, Solution-Focused, Strategic, Experiential: Whitaker,

Gottman, Emotion-Focused, and Structural) with diverse populations including couples, families, and individuals.

August 2020 – August 2021

Certified Supervised Visitation Monitor

Keeping Family Connections | Auburn & Opelika, AL
Trained to conduct supervised visitation and implement parent feedback sessions after visit to increase parent efficacy with children within Lee County and surrounding areas.

August 2016 – June 2020

Shelter Advocate

Wings of Hope Family Crisis Services | Stillwater, OK
Worked with men, women, and children who experienced severe trauma from forms of intimate partner violence by completing intakes, implementing case management goals, and holding group meetings for women. Completed 16 + hours of domestic violence training annually.

May 2019 – December 2019

Intern

Center for Family Services | Stillwater, OK
Completed initial assessment for therapy services, observed therapy sessions behind the mirror, and helped with checking clients in for therapy.
Oklahoma State University

May 2017 – August 2017

May 2020 – August 2020

Accounting Intern

Road Runner Trucking LLC | Woodward, OK
Helped with accounts payable and receivables. Worked managing books for six companies and communicating with drivers to uphold paperwork standards (drivers' mileage, fuel, hours worked to comply with International Fuel Tax Agreement "IFTA") implemented by Oklahoma Tax Commission.

Trainings Completed & Certifications Earned

**Note: Selected Trainings Only*

Fall 2021 In-Progress

First 5 Alabama Category 2 Infant Family Specialist

Alabama Association for Infant and Early Childhood Mental Health

Family and Children Services | Auburn, AL

Fall 2021

Trauma-Focused Cognitive Behavioral Therapy Certification

Medical University of South Carolina | Auburn, AL

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| Fall 2020 | American Red Cross Adult, Child, and Baby First Aid/CPR/AED Certification
Keeping Family Connections Auburn, AL |
| Fall 2020 | Supervised Visitation Network 24-Hour Certification
Keeping Family Connections Auburn, AL |
| Fall 2020 | SAFE ZONE Training
<i>LGBTQIA+ Community diversity training.</i>
Auburn University Auburn, AL |

Honors and Awards

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| December 2019 | Top 10 Human Development and Family Science Senior
<i>Given to the Top 10 Seniors who display dedication to their major, college, service, and leadership activities.</i> |
| June 2019 | Circle K International Distinguished District
<i>1 out of 2 given throughout the international organization</i> |
| June 2019 | Circle K International Distinguished Governor
<i>1 out of 8 given throughout the international organization</i> |
| June 2018 | Circle K International Distinguished Lt. Governor
<i>1 out of 3 given throughout the international organization</i> |

Professional Affiliations

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| May 2020 - Present | American Association for Marriage and Family Therapy
<i>Student Member</i>
Auburn University Auburn, AL
Florida State University Tallahassee, FL |
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Global Experiences

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| Summer 2018 | Study Abroad
<i>Greece 14 Day Experience studying Business in the Balkans. Met with different businesses to understand the economy in Greece and the impact on the citizens. Learned about non-profits in the country and lack of supports provided by the government.</i>
Oklahoma State University Stillwater, OK |
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Leadership Activities

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| August 2015 – May 2020
April 2018 – March 2019 | Circle K International
Texas-Oklahoma District Governor |
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April 2017 – March 2018	Lt. Governor Oklahoma Division
April 2017 – March 2018	District Convention Chairman
April 2016 – March 2017	Texas-Oklahoma District Editor
April 2015 – March 2018	Oklahoma State University Public Relations Chairman
August 2017 – May 2020	Human Development and Family Science Club
April 2019 – March 2020	President
April 2018 – March 2019	Vice-President
January 2019 – May 2020	Human Sciences College Ambassador
	Oklahoma State University
January 2019 – May 2020	Mortar Board
	<i>Achafoa Chapter</i>
	Oklahoma State University
May 2019 – May 2020	Academic Integrity Panel
	Oklahoma State University
August 2016 – August 2019	Human Resource Management Association
	Oklahoma State University
August 2015 – May 2020	Oklahoma State Student Alumni Association
	Oklahoma State
August 2015 – May 2020	Tri-O SSS
August 2017 – May 2018	Mentor
	Oklahoma State University
August 2017 – May 2018	Inclusion Leadership Program
August 2017 – May 2018	Mentor
	Oklahoma State University
August 2015 – May 2016	Tennis on Campus
	Oklahoma State University
August 2015 – May 2016	President’s Leadership Council
	Top 150 Incoming Freshmen
	Oklahoma State University
August 2015 – October 2015	Oklahoma State Homecoming
	Promotional Design Big Committee Member
	Oklahoma State University

Volunteer Experience

Fall 2019	Walk to End Alzheimer’s
	20 Hours
	<i>Stillwater, Oklahoma</i>
June 2019	United Against Poverty (UP)

	10 Hours <i>Orlando, Florida</i>
2016 2017	Wings of Hope Crisis Services 17 Hours <i>Stillwater, OK</i>
February 2019	Nacogdoches HOPE 15 Hours <i>Nacogdoches, TX</i>
2017 2018 2019	Humane Society 19.5 Hours <i>Stillwater, OK</i>
2018 2019	All Women Marching for Hope 20 Hours <i>Arlington, Texas</i>
January 2019	University of North Texas 10 Hours <i>Denton, TX</i>
2018 2019	Domestic Violence Intervention Services (DVIS) 10 Hours <i>Tulsa, OK</i>
2017 2018 2019	Children's Miracle Network 21.5 Hours <i>Oklahoma City, OK</i>
November 2018	Mission Arlington 11 Hours <i>Arlington, Texas</i>
2017 2019	UNICEF 17 Hours <i>San Antonio, TX & Stillwater, OK</i>
October 2019	Meals on Wheels 15 Hours <i>Beaumont, TX</i>
2018 2019	The SAFE Children's Shelter 20 Hours <i>Austin, TX</i>
September 2018	Harden Simmons University 10 Hours <i>Abilene, Texas</i>
Fall 2018	Let's Take a Walk

	12 Hours <i>Stillwater, OK</i>
2016 2018	Westhaven Nursing Home 3.5 Hours <i>Stillwater, OK</i>
June 2018	Cornerstone Community Outreach 8 Hours <i>Chicago, IL</i>
March 2018	Into the Streets 3 Hours <i>Stillwater, OK</i>
February 2018	YMCA 12 Hours <i>Corpus Cristi, TX</i>
February 2018	Various Hospitals 12 Hours <i>College Station, TX</i>
2016 2017	Blue Star Mothers 9 Hours <i>Tulsa, OK</i>
2018 2019	Wildlife Exotic Safari 7 Hours <i>Broken Arrow, Oklahoma</i>
2016 2017 2018 2019	Stillwater Kiwanis 5 Hours <i>Stillwater, OK</i>
September 2017	Regional Foodbank of OKC 7 Hours <i>Oklahoma City, OK</i>
July 2017	San Antonio Foodbank 9 Hours <i>San Antonio, TX</i>
2016 2017	First Christian Church, DOC 40 Hours <i>Woodward, OK</i>
May 2017	March of Dimes 6 Hours <i>Oklahoma City, OK</i>
April 2017	Recycled Pomerian & Schipperkes Rescue

	4 Hours <i>Dallas, TX</i>
February 2017	Monarch Butterfly in Kiwanis Project 2 Hours <i>Tahlequah, OK</i>
February 2017	Kindness Matters Project 2.5 Hours <i>Stillwater, Oklahoma</i>
January 2017	Mission of Hope 2 Hours <i>Stillwater, OK</i>
May 2016	Cedar Heights Elementary School 2 Hours <i>Woodward, OK</i>
May 2016	Woodward Youth Art Show 2 Hours <i>Woodward, OK</i>
February 2016	Baptist Girls Home 13 Hours <i>Madill, OK</i>
November 2015	Bedlam Blood Drive 20 Hours <i>Stillwater, OK</i>