

CURRICULUM VITAE

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Education

- 2009 Florida State University, Ph.D., Marriage and Family Therapy
- 2004 Drexel University, M.F.T., Marriage and Family Therapy
- 2002 Grove City College, B.S., Molecular Biology

Other Education/Training:

- 2019 Level I Gottman Couples Therapy Certification
- 2008 Certificate in Measurement and Statistics from Florida State University
- 2007 Licensure as a PAIRS relationship education provider
- 2005 Certification for the Prevention and Relationship Enhancement Program (PREP) education facilitator
- 2005 Certification in Disaster Mental Health Training with the American Red Cross

License

- 2016-present State of Florida Licensed Marriage and Family Therapist, License #MT 3734

Teaching Experience

- 2014-present **Specialized Teaching Faculty (Visiting and Teaching Faculty I), Florida State University**
- Responsible for revising, developing, and teaching undergraduate courses in the Family and Child Department.
 - Teaching load included four classes per Fall and Spring semesters, ranging from a total of 400-700 students, and Summer semesters teaching 100-200 students.
- Courses revised:**
 FAD 2230: Family Relationships: A Lifespan Developmental Approach (traditional and online)
- Courses taught:**
 FAD 3220: Contexts of Individual and Family Development (traditional and online)
 FAD 3343: Contexts of Adult Development and Aging (traditional and online)
 FAD 4601: Foundations of Counseling (traditional)
 FAD 4805: Practicum in Family and Child Sciences (online)
 FAD 4932: Pre-Professional Development in Family and Child Sciences (online)
- Courses developed and taught:**
 IDS 2341/IFS 2071: Intimate Relationships
- **Committees and Service:**
 Masters in Marriage and Family Therapy Program Development Committee (2019 to present)
 Family and Child Sciences Undergraduate Curriculum Committee (2017 to present)
 Family and Child Sciences Undergraduate Club Advisor (2017 to present)
- 2009-2014 **Adjunct Instructor, Florida State University**
- Responsible for teaching courses required for the Family and Child Sciences major in the Department of Family and Child Sciences. Teaching load included four classes per semester, ranging from a total of 400-700 students.

Courses taught:

FAD 2230: Family Relationships: A Lifespan Developmental Approach (traditional and online)

FAD 3271: Ecological Contexts (traditional and online)

FAD 3220: Human Development (traditional)

FAD 4265: Family Diversity (traditional)

CHD 4630: Research Methods in Family and Child Sciences (traditional)

2011

Adjunct Instructor, Tallahassee Community College

- Responsible for teaching social sciences courses in the Department of History and Social Sciences.

Courses taught:

CHD 2220: Child Development

DEP 2004: Human Development

2004-2009

Teaching Assistant, Florida State University

- Solely responsible for teaching undergraduate courses in the Department of Family and Child Sciences.

Courses taught:

FAD 2230: Family Relationships: A Lifespan Developmental Approach

FAD 4601: Foundations of Counseling

2005-2007

PREP Instructor

- Provided premarital and relationship enhancement education to couples in various community and church settings.

Research Experience

2012-present **Methodology Research Consultant, Northcentral University**

- Provided consulting services to doctoral candidates on milestone documents leading up to and including the dissertation manuscript.
- Conducted requested document reviews, focusing on the development of a researchable problem, properly aligned research questions, methods, and designs, and appropriate statistical analyses.

2004-2006

Research Assistant, Florida State University Family Institute

- Aided primary investigators in the various stages of research project development: funding and grant searches, literature reviews and secondary data collection.
- Responsible for writing and submitting IRB applications for research investigations.
- Responsible for editing and organizing of research manuscripts and MFT training videos.
- Drafted presentation proposals for professional conferences.
- Presented research in workshop formats at state and national professional conferences.

Clinical Experience

Marriage and Family Therapist, Better Living Solutions Recovery Center, Tallahassee, FL (2016-present)

- Provide cutting-edge mental health therapy in outpatient, intensive outpatient, and partial hospitalization care to individuals diagnosed with a wide range of eating disorders and other co-morbid mental health issues (substance abuse, depression, anxiety, personality disorders).
- Coordinate and manage the care of clients in a treatment team approach to include dietitians, psychiatrists, psychologists, individual therapist, art therapists, and music therapists.
- As needed, seek and facilitate clients' transitions to higher levels of care (inpatient or residential) for eating disorder and/or substance abuse treatment.
- Provide free outreach and education on critical mental health issues through multiple venues, including blogging, community groups, and guest lecture activities.

Family Therapist/Partial Hospitalization Program Coordinator, *Canopy Cove Eating Disorder Treatment Facility,*
Tallahassee, FL (2009 to 2012)

- Provided individual, group, and family therapy to children, adolescents, and adults in a Christian-based residential eating disorder treatment facility.
- Oversaw the daily operations of the Partial Hospitalization Program to include all therapeutic, medical, and financial aspects of treatment and direct management of approximately ten staff members.
- Utilizing the Recovery Approach to treatment of eating disorders and co-morbid substance abuse disorders, developed treatment plans and goals specific to the needs of each client and his/her family system. Furthermore, responsible for implementing daily individual, group and family therapy modalities congruent with the treatment plans.
- Maintained proper treatment documentation in compliance with CARF standards, including primary assessments, treatment plans, and daily individual and group psychotherapy progress notes.
- Planned for clients' continuum of care upon discharge from residential treatment, including transitions to lower levels of care for eating disorders and/or substance abuse disorders.

Masters Level Therapist, *Florida Therapy Services,* Tallahassee, FL (2008 to 2009)

- Provided individual, couple, and family therapy to children, adolescents, and adults in an outpatient Medicaid-based mental health service provider.
- Developed relationships and referral sources with local substance abuse support organizations (Alcoholics Anonymous, Celebrate Recovery, National Association of Mental Health) through attending meetings with clients for support and advocacy.
- Responsible for maintaining all aspects of clients' mental health care, including coordinating services with psychiatrists and targeted case management.
- Completed and maintained all client documentation in compliance with Medicaid and CARF standards. These documents included biopsychosocial assessments, FARS/CFARS assessments, treatment plans, therapeutic progress notes, and discharge summaries.

Marriage and Family Therapist, *Tallahassee Memorial Behavioral Health Center,* Tallahassee, FL (2006 to 2008)

- Provided individual and group therapy to children and adolescents in an inpatient mental health crisis stabilization hospital.
- Developed services that were supportive and strengthening to patient's family relationships, including family therapy, family support groups, and family psychoeducation addressing topics such as mental health diagnoses, substance use/abuse, community support resources, and mental health treatment.
- Prepared individual inpatient treatment plans and coordinated outpatient mental health care in preparation for clients' continuum of care upon discharge.
- Collaborated with various state and community agencies (i.e., Department of Children and Families, Children's Home Society, Girls and Boys Town, Camelot, DISC Village, Turnabout) to advocate and facilitate outpatient services for discharged patients.

Marriage and Family Therapist, Center for Marriage and Family Therapy, *Florida State University,*
Tallahassee, FL (2004 to 2007)

- Provided marriage and family therapy services to families, couples, and individuals.
- Received referrals from Tallahassee Memorial Hospital inpatient adolescent mental health services program and have collaborated with this program for clients' transition to outpatient services.
- Facilitated PREP premarital education in various formats, including private couple and group couple sessions.
- Collaborated with the North Florida Safety Council to provide therapeutic rehabilitative services to court mandated DUI offenders.

Marriage and Family Therapist Intern, Family Services of Burlington County, Mount Holly, NJ (2002 to 2004)

- Provided psychoeducation and therapy to families, couples, and individuals within a full and partial-care family unification program environment.
- Developed and facilitated group therapy/psychoeducation programs addressing the various needs of the parent and child client population, such as: nutrition and hygiene for children, appropriate discipline of children, parents as the first educator, fostering parent-child attachments, and parent mental health and self-care.
- Coordinated therapeutic services with Burlington County Family Services case managers and New Jersey Division of Youth and Family Services (DYFS) case managers for at-risk children and families involved in the foster care system.

Publications

Scott, J.C., Wilson, C.B. Greene, K.H., & **Jeter, N.J.** (revised and resubmitted). Expanding your instructional toolkit: Learner centered teaching strategies. *Family Science Review*.

Nalls, M.A., Mullis, R.L., Cornille, T.A., Mullis, A.K., & **Jeter, N.S.** (2010). How can we reach reluctant parents in childcare programmes? *Early Child Development and Care, 180*(8).

Professional Presentations

Jeter, N.S. & Wilson, C.B. (accepted). *Bloom's Taxonomy of highest level learning: Creation in traditional and online learning courses*. For presentation at the 2020 Teaching Family Science conference of the Family Science Association, Asheville, North Carolina.

Wilson, C.B., Scott, J.C., **Jeter, N.S.**, Greene, K.H., & Holcomb, J.E. (accepted). *Teaching family science to generation z students from a distance*. For presentation at the 2020 Teaching Family Science conference of the Family Science Association, Asheville, North Carolina.

Wilson, C.B., **Jeter, N.J.**, Greene, K.H., & Scott, J.C. (2019). *Promoting intercultural competence in online family and child sciences courses*. Presented at the 2019 Teaching Family Science conference of the Family Science Association, Lihue, Kauai.

Scott, J.C., Wilson, C.B. Greene, K.H., & **Jeter, N.J.** (2019). *Expanding your instructional toolkit: Learner centered teaching strategies*. Poster presented at the 2019 Teaching Family Science conference of the Family Science Association, Lihue, Kauai.

Brown, P.C., Lambert, N.M., Fincham, F.D., & **Jeter, N.S.** (2010). *Thanking and forgiving: The relationships between prayers of gratitude and forgiveness*. Presented at the 2010 annual conference of the Society of Southeastern Social Psychologists, Charleston, South Carolina.

Jeter, N. S. & Staier, T. R. (2006). *Engagement methods for couples in premarital education*. Presented at the 2007 annual Student Research and Creativity Day, Florida State University.

Mullis, A., Mullis, R., Cornille, T., Schlee, B., Shriner, M., & **Berarducci, N. S.** (2006). *Are parent involvement interventions related to early literacy influences and child early literacy outcome?* Paper presented at the annual conference of the National Council on Family Relations, Minneapolis, Minnesota.

Berarducci, N.S. & Staier, T. R. (2006). *Engagement methods for couples in premarital education*. Presented at the 2006 annual conference of the National Council on Family Relations, Minneapolis, Minnesota.

Berarducci, N.S & Lehan, T.J. (2006). *Do students "buy in" to Sprenkle and Blow's common factors?* Poster presented at the 2006 annual Student Research and Creativity Day, Florida State University.

Berarducci, N.S & Lehan, T.J. (2005) *Do students "buy in" to Sprenkle and Blow's common factors?* Poster presented at the 2005 annual conference of the American Association of Marriage and Family Therapy, Kansas City, Missouri.

- Cornille, T.A., Mullis, R. L., Mullis, A.K. & **Berarducci, N.S.**, Shriner, M., Schlee, B., & Byno, L. (2005). *Engaging families in family services*. Workshop presented at the 2005 annual conference of the National Council on Family Relations, Phoenix, Arizona.
- Mullis, A.K., Cornille, T.A., Mullis, R. & **Berarducci, N.S.** (2005). *Engaging reluctant and hard to reach families: Intervention research*. Workshop presented at the 2005 annual National Association of Child Care Resource and Referral Agencies National Policy Symposium, Washington D.C.
- Mullis, R., Mullis, A., Cornille, T., Schlee, B., Byno, L., Shriner, M., & **Berarducci, N.** (2005). *Congruence of parental and teacher perceptions of early literacy behavior*. Paper presented at the annual conference of the National Council on Family Relations, Phoenix, Arizona.
- Byno, L., Schlee, B., Shriner, M., & **Berarducci, N.S.** (2005) Early reading skills for preschoolers: How do parents and teachers make a difference? Workshop presented at the 2005 One Goal Summer Conference, Tampa, Florida.

Honors and Awards

Community Engaged Teaching Award Recipient, Florida State University, 2020

Florida State University Center for the Advancement of Teaching Summer Course Redesign Seminar participant, 2018.

Award for Excellence in Online Course Design, Florida State University, 2016.

University Teaching Award Nomination, Florida State University, 2010, 2011, 2015, 2020

Best Poster Presentation Award, Annual Conference of Southeastern Social Psychologists, 2010.

Florence McAllister Graduate Fellowship Award, Florida State University, 2009.

Hortense Glenn Honor Society, Florida State University, 2007.

Outstanding Teaching Assistant Nomination, Florida State University, 2007.

Florence McAllister Graduate Fellowship Award, Florida State University, 2006.

Kappa Omicron Nu Honorary, Florida State University, 2005, 2006, 2007, 2008, 2009.

Alpha Eta Honor Society, Drexel University, 2004.

Academic Excellence Award, Drexel University, 2004.

John G. Williams Scholarship, 2003.

Army Emergency Relief Scholarship, 2000, 2002.

Topps Outstanding Student Scholarship, 2001.

Pennsylvania State Troopers Association Scholarship, 1998, 2000.

Scholar Athlete Award, Grove City College (Softball), 1999, 2000, 2002.

Service

Professional Memberships and Service:

2002-present American Association for Marriage and Family Therapy (AAMFT)

2006-present Registered Premarital Educator for Leon County Clerk of Courts

Leadership:

Marriage and Family Therapy Graduate Association President, Florida State University, 2005, 2006, 2007.

Sigma Delta Phi Sorority President, Grove City College, 1999, 2000, 2001.

Panhellenic Council Secretary, Grove City College, 1999, 2000, 2001.

Community Service:

National Eating Disorder Awareness Walk Coordinator, 2017, 2018, 2019, 2020.

Girls on the Run, Big Bend Chapter, 2016, 2017.

American Cancer Society's Relay for Life, Florida State University and Tallahassee Police Department, 2005, 2006, 2007,
2008, 2009.

New Life Peer Counseling, Grove City College, 2000, 2001.

Kenya Medical Missions Team, Grove City College, Summer, 2000.

Helping Hands Community Outreach, Grove City College, 1998, 1999.