

# NICHOLAS T. TRIPLET, M.S., LMFT-A

Office Phone: (219) 301-0196

Email: ntriplet@fsu.edu

## Education

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- Ph.D. Florida State University Tallahassee, FL  
Anticipated Doctor of Philosophy in Marriage & Family Therapy In-Progress
- M.S. Purdue University Northwest Hammond, IN  
Master of Science in Couple & Family Therapy 2021  
Thesis: *Where the heart is: The impact of structure and motivation on homeschooling families' functionality and promotion of differentiation-of-self.*  
Advisor: Christopher K. Belous, PhD
- B.A. Indiana University Southeast New Albany, IN  
Bachelor of Arts in Psychology 2018  
Minors in Sociology & Communications

## Professional Credentials

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- Licensed Marriage and Family Associate (LMFT-A), State of Indiana  
Professional Licensing Agency - Behavioral Health Board. License #: 85000476A 2022 to Present
- Registered Marriage and Family Therapy Intern, State of Florida  
Department of Health - Board of CSW, MFT, MHC. License #: IMT3798 2022 to Present

## Clinical Experience

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- Florida State University Center for Couple and Family Therapy Tallahassee, FL  
*Therapist Intern*, Director: Kristen Greene, PhD, LMFT Aug. 2022 to Present
- Pillars of Wellness, Inc. Merrillville, IN  
*Staff Therapist* Jan. 2022 to Present  
*Therapist Intern*, Director: Katelyn Kapelinski, LMHC, NCC Jan. 2021 to Dec. 2021
- Purdue Northwest Couple and Family Therapy Center Hammond, IN  
*Therapist Intern*, Director: Christopher K. Belous, PhD, LMFT Jan. 2020 to Dec. 2020

## Teaching Experience

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### Florida State University

- FAD 4932: Pre-Professional Development  
*Teaching Assistant*, Department of Human Development and Family Science Fall 2022

## **Purdue University Northwest**

SOC 38200: Introduction to Statistics in Sociology

*Instructor of Record*, Department of Behavioral Sciences

*Teaching Assistant*, Department of Behavioral Sciences

Fall 2020 to Spring 2021

Fall 2019 to Spring 2020

Tutor, Office for Student Academic Success

Fall 2020 to Fall 2021

## **Indiana University Southeast**

Peer Tutor

Fall 2017 to Fall 2018

## **Ivy Tech Community College**

Supplemental Instruction (SI) Leader

Fall 2015 to Spring 2016

## **Research Endeavors**

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Research interests: Ethics and professional conduct; Relational ethics in clinical and professional settings; Mentorship of emerging therapists; Clinical pedagogy; Grief and loss; Death and dying; Gerontology/aging clinical populations; Social media and online technologies; Clinician engagement in social justice activism.

### *Publications*

Hynes, K., Kingzette, A., & **Triplett, N. T.** (In-Review) Incidental influencing: A thematic analysis of couple and family therapists' experiences of professional social media. *Contemporary Family Therapy*.

**Triplett, N. T.**, Kingzette, A., Slivinski, L., & Niu, T. (2022). Ethics for mental health influencers: MFTs as public social media personalities. *Contemporary Family Therapy*, 44(2), 125–135. <https://doi.org/10.1007/s10591-021-09632-3>

### *Presentations*

Kingzette, A., **Triplett, N. T.**, Slivinski, L., & Niu, T. (November, 2021). *Ethical Considerations for MFTs as Mental Health Influencers*. Poster presentation given at the National Council for Family Relations 2021 Conference, Baltimore, MD.

**Triplett, N. T.** & Zhou, A. (October, 2021) *MFTs for Protester Wellness: A Relational Decision-Making Supplement in Support of Socially-Just Process*. Oral presentation given at the Indiana Association for Marriage and Family Therapy Fall 2021 Conference, Indianapolis, IN.

Liang, T., Kingzette, A., **Triplett, N.**, & Slivinski, L. (April, 2021). *Ethical Considerations for Marriage and Family Therapists as Mental Health Influencers on Social Media*. Oral presentation given at the Purdue University Northwest Days of Discovery Conference, Hammond, IN.

**Triplett, N.** (April 2021). *Trauma-Informed Psychotherapy for Motor Vehicle Accident Survivors*. Oral presentation given at the Purdue University Northwest Days of Discovery Conference, Hammond, IN.

**Triplett, N.** (April, 2018). *The Sociology of Cemeteries: A Symbolic Overview at Cave Hill Cemetery*. Oral presentation given at the Indiana University Southeast Student Conference for Research and Creative Activity, New Albany, IN.

**Triplett, N. & Hayden, J.** (April, 2018). *Familial Flexibility and Interpersonal Attachment in Adulthood*. Oral presentation given at the Indiana University Southeast Student Conference for Research and Creative Activity, New Albany, IN.

#### *Grant Writing Activity*

\$375 Triplett, N. (2021). *Where the heart is: The impact of family dynamics upon homeschoolers' social and relational outcomes*. Graduate Studies Office Research Grant; Purdue University Northwest.

\$75 Triplett, N. (2018). *Familial Flexibility and Interpersonal Attachment in Adulthood*. Student Research & Creative Works Grant; Indiana University Southeast

#### *Research Positions Held*

Research Assistant, Purdue Northwest Department of Behavioral Sciences  
*Supervisor, Dr. Gail Augustine, Ph.D.*

Fall 2021

#### **Professional Affiliations**

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National Council on Family Relations, <i>Member</i>	2021 – Present
American Association for Marriage & Family Therapy, <i>Member</i>	2019 – Present
Indiana Association for Marriage & Family Therapy, <i>Member</i>	2019 – Present
Psi Chi International Honor Society in Psychology, <i>Member</i>	2017 – Present

#### **Honors & Awards**

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Purdue Northwest Days of Discovery – Graduate Presentation Awardee  
Chancellor's List, Indiana University Southeast  
Dean's List, Ivy Tech Community College

Spring 2021  
Spring 2017 to Fall 2018  
Spring 2015 to Spring 2016