

# Jamila Evans Holcomb, Ph.D., LMFT

## EDUCATION

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Ph.D. Marriage and Family Therapy 2017  
Dissertation: "Predictors of Ethnic-Racial Socialization Profiles in Early Childhood Among African American Parents"  
*Florida State University, Tallahassee, FL*

M.S. Marriage and Family Therapy 2013  
*Northwestern University, Evanston, IL*

B.A. Psychology and Spanish; Minor in Sociology 2011  
*Trinity University, San Antonio, TX*

## LICENSURE, CERTIFICATIONS, AND TRAININGS

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Licensed Marriage and Family Therapist (License Number: MT3505)  
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Certified  
Adoption Competency Certified  
Basic Trained in Eye Movement Desensitization and Reprocessing Therapy (EMDR)  
Basic Trained in the Parent Management Training – Oregon Model (PMTO)  
Basic Group Leader Trained in Incredible Years Parenting Program

## HONORS AND AWARDS

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AAMFT Foundation Dissertation Award 2018  
AAMFT/SAMHSA Minority Fellowship Program - Doctoral Fellow 2014 - 2016

## ACADEMIC EXPERIENCE

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Specialized Teaching Faculty August 2019 - Present  
*Florida State University - Family and Child Sciences Department*

Undergraduate Courses Taught:

- FAD 2230 – Family Relationships (traditional)
- CHD 3243 – Context of Adolescent Development (traditional and remote)
- CHD 4537 – Parenting (traditional and remote)
- CHD 4615 – Public Policy: Child and Family Issues (traditional, remote, and online)

Graduate Courses Taught:

- FAD 6940 – Practicum in Marital and Family Therapy (traditional and remote)

Instructor of Record 2015 - 2019  
*Florida State University - Family and Child Sciences Department*

Undergraduate Courses Taught:

- FAD 2230 – Family Relationships (traditional and online)
- CHD 3432 – Stress and Resilience (online)
- CHD 3243 – Context of Adolescent Development (traditional)
- CHD 4615 – Public Policy: Child and Family Issues (traditional)
- CHD 4630 – Methods of Studying Families and Children (traditional)

## CLINICAL EXPERIENCE

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*Holcomb Counseling and Consulting, LLC* 2018 - Present  
Private Practice Owner – Individual, Family, and Trauma Counseling. Also provides consultation and trainings to mental health professionals and organizations.

*Children's Home Society – Tallahassee, FL* 2015 – 2019  
Clinical counselor in the Family Connections department; Provided Medicaid and Department of Health funded individual and family treatment to children and their families who have experienced trauma; Clients were referred for behavioral

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health services or under the Sexual Abuse Treatment and Prevention (SATP) program; Maintained a caseload of 20-30 active cases.

*Center for Couple and Family Therapy – Florida State University* 2013 – 2016

Provided psychotherapy to individuals and couples; Maintained a caseload of four active cases.

Co-facilitated a 10-week parenting group using the Parent Management Training- Oregon Model (PMTO) curriculum for a family with DCF involvement (Co-facilitators: Kendal Holtrop, Ph.D., LMFT and Kimberly Murray, Ph.D., LMFT)

*The Family Institute – Northwestern University* 2011- 2013

Provided in-home, in-school, and in-office systemic psychotherapy to individuals, couples, and families; Integrated empirical data from the Systemic Therapy Inventory of Change (STIC) into case conceptualization, treatment planning and clinical interventions; Provided psychotherapy for families from area high schools in the Making Smart Choices Program (MSC) to reduce children's school suspension; Maintained a caseload of 14 to 18 active cases.

*HOPE Community: Big Bend Homeless Coalition, Tallahassee, FL* 2014

Co-facilitated an 8-week parenting group with adaptation of Parent Management Training – Oregon Model (PMTO) for homeless parents living in a transitional housing community (Co-facilitator: Kendal Holtrop, Ph.D., LMFT)

*Connections for the Homeless, Evanston, IL* 2013

Co-facilitated a 2-hr. /week group for six adolescent boys focused on enhancing self-esteem, interpersonal communication and emotional awareness (Co-facilitator: Jenna Sielaff, LMFT)

## PEER REVIEWED PUBLICATIONS

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Harris, S., Armstrong, J., Jones, J., **Holcomb, J. E.** (2020). Ethnic racial socialization practices of Black fathers: Discussions with their children on racial discrimination and police brutality. *Journal of Black Psychology*. (Under Review)

**Holcomb, J. E.**, & Gonzales-Backen, M. A. (2019). Ethnic-racial socialization and socialization profiles among African American parents of young children. *Journal of Black Psychology*. (Under Review)

Jackson, L. J., Ford, J. R., James, B. A., Schleiden, C. A., Harris-McKoy, D., & **Holcomb, J. E.** (2020). Expect the best: The impact of parental expectation on Black males' academics. *Journal of Black Studies*, 51(8), 767-789. <https://doi.org/10.1177/0021934720946427>.

Gonzales-Backen, M. A., & **Holcomb, J. E.** (2019). Race and ethnicity. In Macmillan Encyclopedia of Families, Marriages, and Intimate Relationships (pp. 697-698). Macmillan Reference USA.

Gonzales-Backen, M. A., McWey, L., & **Holcomb, J. E.** (2019). Cross-ethnic measurement equivalence of the children's depression inventory among youth in foster care. *Journal of Emotional and Behavioral Disorders*, 28(3), 144-155. <https://doi.org/10.1177/1063426619838539>

Holtrop, K., & **Reynolds, J. E.** (2018). "Do it more geared toward parents in our situation": Adapting and pilot testing a parenting intervention for homeless families in transitional housing. *Family Process*, 57(4), 884-900. <https://doi.org/10.1111/famp.12341>

**Reynolds, J. E.** (2017). Addressing racial trauma in therapy with African American clients. In J. L. Lebow, A. L. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Springer.

**Reynolds, J. E.**, & Gonzales-Backen, M. A. (2017). Ethnic-racial socialization and the mental health of African Americans: A critical review. *Journal of Family Theory and Review*, 9(2), 182-200. <https://doi.org/10.1111/jftr.12192>

Withers, M. C., **Reynolds, J. E.**, Reed, K., & Holtrop, K. (2017). Dissemination and implementation research in marriage and family therapy: An introduction and call to the field. *Journal of Marital and Family Therapy*, 43(2), 183-197. <https://doi.org/10.1111/jmft.12196> \*Honorable Mention in 2017 Article of the Year Competition\*

**Reynolds, J. E.**, Gonzales-Backen M. A., Allen, K. A., Hurley, E. A., Donovan, R. A., Schwartz, S. J., Hudson, M., Agocha, B., & Williams, M. (2017). Ethnic-racial identity of black emerging adults: The role of parenting and ethnic-racial socialization. *Journal of Family Issues*, 38(15), 2200-2224. <https://doi.org/10.1177/0192513X16629181>

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- Smith, S. M., **Reynolds, J. E.**, Fincham, F., & Beach, S. R. H. (2016). Parental experiences of racial discrimination and youth racial socialization in two-parent African American families. *Cultural Diversity and Ethnic Minority Psychology*, 22, 268-276. <https://doi.org/10.1037/cdp0000064>
- Smith, S. M., Holtrop, K., & **Reynolds, J. E.** (2015). Do positive parenting practices moderate parental mental health and child behavior problems among homeless families? *Family Relations*, 64, 606 -620. <https://doi.org/10.1111/fare.12166>

## PROFESSIONAL PRESENTATIONS

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- Scott, J. & **Holcomb, J. E.** (2021, June). Confronting racial trauma with emerging family scientist. Accepted as a virtual roundtable at the annual meeting of the Teaching Family Science Conference. (National)
- Holcomb, J. E.** (2021, January). *Clinical best practices for addressing racial trauma*. CEU webinar training presented for GoodTherapy. (National).
- Holcomb, J. E.** (2020, December). *Leveraging protective factors to help mitigate the effects of racial trauma in 2021*. Webinar presented for Relias. (International)
- Holcomb, J. E.** (2020, November). *Becoming Dr. Holcomb*. Professional presentation presented via Zoom at California State University Chico Get Psyched Series. (National)
- Holcomb, J. E.** (2020, November). *Addressing racial trauma in the clinical setting*. Webinar presented for Relias. (International)
- Holcomb, J. E.,** & Scott, J. (2020, September). *Addressing racial trauma in the classroom*. Virtual Interactive Workshop presented for Diversity and Inclusion in Research and Teaching Organization (DIRECTO) Fall Symposium. Tallahassee, FL. (Local)
- Holcomb, J. E.** (2020, September). *Racial trauma and its impact on the Black community*. Webinar presented for Tallahassee Chan Center. Tallahassee, FL. (Local)
- Holcomb, J. E.** (2020, August). *What is racial trauma? Understanding how trauma affects the Black community*. Webinar presented for Relias. Stats: Live webinar attendees - 5,550, Webinar registrants – 12,414. (International)
- Wilson, C. B., Scott, J. C., Jeter, N. S., Greene, K. H., & **Holcomb, J. E.** (2020, June). *Teaching family science to generation Z students from a distance*. Accepted as a presentation at the annual meeting of the Teaching Family Science Conference (cancelled due to COVID-19). Asheville, NC. (National)
- Holcomb, J. E.** (2018, November). *Breaking barriers: Addressing ethnic-racial trauma in therapy*. Workshop presented at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Louisville, KY. (National)
- Holcomb, J. E.** (2018, June). *The road to Ph.D.* Professional presentation presented at The Family Institute at Northwestern University. Evanston, IL.
- Holcomb, J. E.** (2017, October). *Breaking barriers: Addressing racial trauma in the therapy room*. Workshop presented at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Atlanta, GA. (National)
- Reynolds, J. E.** (2016, September). *The use of ethnic-racial socialization with black clients in therapy*. Research discussion presentation at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Indianapolis, IN. (National)
- Reynolds, J. E.,** & Gonzales-Backen, M.A. (2016, September). *Impact of ethnic-racial socialization and identity on mental health*. Research discussion presentation at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Indianapolis, IN. (National)
- Gonzales-Backen, M. A., Bamaca-Colbert, M., & **Reynolds, J. E.** (2016, April). *Discrimination, peer stress, and psychosocial outcomes among Mexican-origin adolescent girls: Examining of the order of effects*. Poster presentation at the biennial meeting of the Society for Research on Adolescence (SRA). Baltimore, MD. (International)
- Holtrop, K., & **Reynolds, J. E.** (2015, November). *Adapting a parenting intervention for homeless families in transitional housing*. Roundtable presentation at the annual meeting of the National Council on Family Relations Conference (NCFR). Vancouver, Canada. (International)
- Reynolds, J. E.,** Gonzales-Backen, M. A., & McWey, L. (2015, September). *Cross- ethnic measurement equivalence of the Children's Depressive Inventory for at-risk adolescents*. Poster presentation at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Austin, TX. (National)

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- Reynolds, J.E., & Holtrop, K.** (2015, September). *Adapting and pilot testing an evidence-based parenting program for homeless families*. Poster presentation at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Austin, TX. (National)
- Holtrop, K., & **Reynolds, J. E.** (2015, May). *Adapting and pilot testing an evidence-based parenting program for homeless families*. Poster presentation at the annual meeting of the Society for Prevention Research (SPR). Washington, D.C. (International)
- Reynolds, J. E.,** Gonzales-Backen, M. A., Allen, K. A., Hurley, E., Donovan, R. A., Schwartz, S. J., Hudson, M., Agocha, B., & Williams, M. (2014, November). *Ethnic-racial identity among Black emerging adults: The role of the parenting relationship and ethnic-racial socialization*. Paper presentation at the annual meeting of the National Council on Family Relations Conference (NCFR). Baltimore, MD. (International)
- Reynolds, J. E.,** Wong, S. K., & Childers, J. B. (2010, March). *How do children learn to compare events when learning new verbs?* Poster presentation at the Society for Research on Human Development Conference (SRHDC). San Antonio, TX. (National). Won first place prize for undergraduate student submissions.

## PROFESSIONAL SERVICE

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### *Service to the University, College, and Department*

- FCS Teaching Faculty I Search Committee 2021
- Chair of Family and Child Sciences Diversity and Inclusion Committee 2020 - Present
- Undergraduate Scholarship Committee Member 2020 - Present
- Marriage and Family Therapy (MFT) Program Advisory Committee Member 2019 - Present
- Graduate Student Representative on the FCS Department Chair Search Committee 2014 - 2015

### *Supervisory Committee Service*

- Undergraduate Level
  - Mariafernanda Macias (2020). Psychology Program, Florida State University. Honors Thesis Defended on April 9<sup>th</sup>, 2021
- Master's Level
  - Adrian Weldon (2020). Marriage and Family Therapy Program, Purdue University Northwest. Thesis Defended on November 30<sup>th</sup>, 2020

### *Professional Membership and Service to the Profession*

- American Association for Marriage and Family Therapy
  - Member 2011 – Present
  - Minority Fellowship Mentor 2017-2018; 2018-2019
  - Conference Proposal Reviewer 2016; 2017
- National Council on Family Relations
  - Member 2013 – 2017
  - Conference Proposal Reviewer 2014
- Manuscript Reviewer
  - Journal of Black Psychology 2019
  - Journal of HIV/AIDS & Social Services 2018
  - Child Development 2018
  - Journal of Family Theory and Review 2017 - 2019
  - Journal of Family Issues 2016 - 2017
- Florida Association for Marriage and Family Therapy
  - Diversity and Ethics Committee Member 2014 – 2016
  - Student member 2013 – 2016
- Tallahassee Association for Marriage and Family Therapy
  - Board Member 2014 – 2016