**CURRICULUM VITAE**

**Chioma Opara**

**CONTACT INFORMATION** 230 Sandels Building

Florida State University

Tallahassee, FL 32306

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**EDUCATION**

2022 – In view Anticipated Ph.D. in Human Development and Family Science,

Florida State University.

2014 – 2018 M.Ed. in Home Economics,

The University of Nigeria Nsukka.

2006 – 2010 B.Sc. Ed. in Home Economics,

The University of Nigeria Nsukka.

**OTHER CERTIFICATIONS**

2022 PIE Teaching Training Recognition Certificate, Florida State University.

2019 Certificates of Participation in Home Economics Council of Nigeria, 9th International Conference.

**Theme**: Sustaining National Stability and Emerging Challenges: The Role of Home Economics

2019 Certificate of Registration and License. The Federal Republic of Nigeria Teachers Registration Council.

2013 Diploma Certificate. Integrity Catering School. Abuja, Nigeria.

**EXPERIENCE**

2022 – Present Teaching Assistant: Contexts of Adult Development and Aging,

Department of Human Development and Family Science,

College of Health and Human Sciences,

Florida State University.

2022 Participant: Biannual Program for Instructional Excellence (PIE)

The conference, Teaching Assistant Training, and Recognition,

Florida State University.

2021 – 2022 Head of Department of Vocational Studies,

Noble Heights Academy Karu, Abuja, Nigeria.

2017 – 2022 Teacher: Home Economics and Food & Nutrition,

Noble Heights Academy Karu, Abuja, Nigeria.

2017 – 2022 Club Coordinator: Homemakers and Little Chef Clubs,

Noble Heights Academy Karu, Abuja, Nigeria.

2013 – 2014 Teacher: Home Economics,

New Capital School Asokoro, Abuja, Nigeria.

2012 – 2013 Teacher: Home Economics,

Community Secondary School Asokoro, Abuja, Nigeria,

National Youth Service Corp Primary Assignment.

2012 – 2013 Participants in Federal Road Safety Corps,

Community Development Service,

National Youth Service Corp Abuja, Nigeria.

2010 -2012 Teacher: Home Economics,

New literary high school Owerri, Imo State Nigeria.

2009 Student Teacher: Home Economics,

Girls Secondary School Akwakuma, Imo State, Nigeria.

2008 Student Teacher: Home Economics,

Comprehensive Secondary School Amakohia Urattta, Owerri, Imo State, Nigeria.

**HONORS AND AWARDS**

2022 – 2026 *Legacy Fellowship Award,* Florida State University.

1. – 2026 *Graduate Teaching Financial Aid Award*, Florida State University.

**RESEARCH AND PRESENTATIONS**

**Opara, C**., & Rudaz, M. (2024). *Level of Knowledge and Use of Safety Clothing Among Road Cleaners.* Paper presented at the Augusta University Kinesiology Research Day, Augusta, U.S.A.

Rudaz, M., **Opara, C**., & Fincham, F. D. (2024, March). *The impact of mindfulness, compassion, caring for bliss, forgiveness, and generosity on college students' genuine happiness: Findings from a two-wave longitudinal study*. Paper presented (virtually) at the Augusta University Kinesiology Research Day, Augusta, U.S.A

Diop-Lo, K., Diop, K., Irabor, O., **Opara, C**., & Williams, J. (2023). *Trials and tribulations of African immigrant families within Western spheres*. Poster presented at the National Council on Family Relations annual conference, Orlando, Florida.

**Opara, C.** (2016). *Strategies for meeting the basic needs of the family. A Seminar Presentation*, the University of Nigeria Nsukka.

**Opara, C.** (2010). *Nutritional assessment of nursery school children in urban and rural areas of Imo State*. Undergraduate Thesis, University of Nigerian Nsukka.

**PUBLICATION**

Lemchi, S. N., & **Opara, V.C**. (2015). Nutritional status of preschool children in urban and rural areas Owerri North, Imo State, Nigeria. *International Journal of Innovative Research and Development,* 4(10), pp.70 – 77. ISSN 2278 – 0211.